

# For The Longest Time

Count: **32**                      Wall: **4**                      Level: **Beginner**  
Koreograf: **Roosamekto Mamek (IND)** - May 2020  
Musik: **The Longest Time by The Overtones**

**Intro: 16 count**

## **SIDE, TOUCH, HALF BOX**

1&2&    Step R to side – Touch L together – Step L to side – Touch R together  
3&4      Step R to side – Step L together – Step R forward (12:00)  
5&6&    Step L to side – Touch R together – Step R to side – Touch L together  
3&4      Step L to side – Step R together – Step L back

## **COASTER STEP, FORWARD LOCK SHUFFLE, JAZZ BOX CROSS TURN 1/4 RIGHT**

1&2      Step R back – Step L together – Step R forward (12:00)  
3&4      Step L forward – Lock R behind L – Step L forward  
5-8      Cross R over L – Turn 1/4 right step L back – Step R to side – Cross L over R (3:00)

## **SIDE ROCK, RECOVER, SIDE CHASSE**

1-2      Rock R to side – Recover on L (3:00)  
3&4      Step R to side – Step L together – Step R to side  
5-6      Rock L to side – Recover on R  
3&4      Step L to side – Step R together – Step L to side (3:00)

## **KICK CROSS OVER, SIDE STEP, SWITCH TOUCHES FORWARD, PADDLE TURN 1/4 LEFT (2X)**

1&2&    Kick R cross over L – Step R to side – Kick L cross over R – Step L to side (3:00)  
3&4&    Touch R toes forward – Step R together – Touch L toes forward – Step L together  
5-8      Step R forward – Turn 1/4 left (12:00) – Step R forward – Turn 1/4 left (9:00)

## **REPEAT**

## **RESTART : On wall 3 after 16 count**

For more info about step sheet & song, please contact:  
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