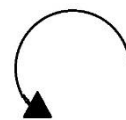


ALABAMA FREZE



32 count 4 wall ultra beginner

Koreograf: Tove & Paul Sommer (juli 2015)

Musik: If You Want My Love af Laura Bell Bundy (musikken til Alabama Slammin')

Alt.: Hot'n Cold af Katy Perry (hurtigere)

Intro: 32 counts

Vine right and left with touch

1-4 Step right to right, cross left behind right, step right to right and touch left beside right

5-8 Step left to left, cross right behind left, step left to left and touch right beside left.

Walk back with kick and forward with ¼ turn

1-4 Step back right, left, right and left kick.

5-8 Step forward left, right, left and sweep right forward round while turning ¼ turn left.

Weave left and right with point

1-4 Cross right over left, step left to left, cross right behind left and point left to left side.

5-8 Cross left over right, step right to right, cross left behind right and point right to right.

Walk forward with kick and back with touch

1-4 Step forward right, left, right and left kick.

5-8 Step back left, right, left and touch right beside left.

Ending

Turn ¼ right and stomp left