

Count In: 16 counts from start of track – dance begins on vocals “free”

- 1 – 8 Walk RL, R shuffle, L rock forward, L coaster cross**
1, 2 Step forward on right (1), step forward on left (2),
3 & 4 Step forward on right (3), step left next to right (&), step forward on right (4) 12.00
5, 6 Rock forward on left (5), recover weight onto right (6)
7 & 8 Step back on left (7), step right next to left (&), cross left over right (8) 12.00
- 9 – 16 ½ Monterey turn R, toe switch, R touch across, R touch side, ¼ sailor step R**
1 – 2 Touch right to right side (1), make ½ turn right stepping right next to left (2) 6.00
3 & 4 Touch left to left side (3), step left next to right (&), touch right to right side (4) 6.00
5 – 6 Touch right in front of left (5), touch right to right side (6), 6.00
7 & 8 Cross right behind left (7), make ¼ turn right stepping left next to right (&), step forward on right (8) 9.00
- 17 – 24 Walk LR, L shuffle, R rock forward, R coaster cross**
1, 2 Step forward on left (1), step forward on right (2),
3 & 4 Step forward on left (3), step right next to left (&), step forward on left (4) 9.00
5, 6 Rock forward on right (5), recover weight onto left (6),
7 & 8 Step back on right (7), step left next to right (&), cross right over left (8) 9.00
- 25 – 32 Big step L, hold dragging R, ball cross, ¼ turn R stepping fwd R, L touch with hip, R touch with hip**
1 – 2 Take big step to left side (1), hold as you drag right foot towards left (2) 9.00
& 3, 4 Step in place on ball of right (&), cross left over right (3),
make ¼ turn right stepping forward on right (4) 12.00
5 – 6 Touch left to left diagonal as you push hips forward (5), step left next to right (slightly forward) (6) 12.00
7 – 8 Touch right to right diagonal as you push hips forward (7), step right next to left (slightly forward) (8) 12.00
- 33 – 40 Toe & Heel switches – L toe, R heel, L heel, R toe. R behind, L side, R cross, L side rock**
1 & 2 Touch left to left side (1), step left next to right (&), touch right heel forward (2) 12.00
& 3 Step right next to left (&), touch left heel forward (3),
& 4 Step left next to right (&), touch right to right side (4) 12.00
5 & 6 Cross right behind left (5), step left to left side (&), cross right over left (6), 12.00
7 – 8 Rock left to left side (7), recover weight onto right (8)
Styling: With elbows bent swing arms & upper body left on 7 – right on 8. 12.00
- 41 – 48 L behind, R side, L cross, ¼ turn L doing R lock step back, L coaster step, R fwd rock.**
1 & 2 Cross left behind right (1), step right to right side (&), cross left over right (2) 12.00
3 & 4 Make ¼ turn left stepping back on right (3), lock left in front of right (&), step back on right (4) 9.00
5 & 6 Step back on left (5), step right next to left (&), step forward on left (6)
RESTART/TAG happens here on 3rd wall see notes below 9.00
7 – 8 Rock forward on right (7), recover weight onto left (8)
Styling: body roll forward (as if head going through hoop and down body) 7-8 9.00
- 49 – 56 ¼ R stepping R to R side, touch L to L side, rolling vine left into 4 steps in place LRLR (with arms)**
1 – 2 Make ¼ turn right stepping right to right side (1), touch left to left side (2)
Styling: 1-Take right arm up & over in circle, 2-snap fingers right 12.00
3 – 4 Make ¼ turn left stepping forward on left (3), make ½ turn left stepping back on right (4) 3.00
5 – 6 Make ¼ turn left stepping left to left side as you put right hand behind head (5),
step right to right side putting left hand behind head (6) 12.00
7 – 8 Step left to left side putting right hand on left hip (7),
step right to right side putting left hand on right hip (8) 12.00
- 57 – 64 Rolling vine L into L chasse, R jazz box making ½ turn R.**
1 – 2 Make ¼ turn left stepping forward on left (1), make ½ turn left stepping back on right (2), 3.00
3 & 4 Make ¼ turn left stepping left to left side (3), step right next to left (&), step left to left side (4) 12.00
5, 6 Cross right over left (5), make ¼ turn right stepping back on left (6),
7, 8 Make ¼ turn right to right side (7), step left slightly forward (8) 6.00
- Restart/Tag:** There is 1 restart/tag on 3rd wall – 3rd wall begins facing 12.00/
Do first 46 counts of dance (up to L coaster) then –step forward on right (7), make ¼ turn left (8)
You will be facing 6.00 to restart the dance.

Special Thank You to Jamie Whalley for finding the music and also for choreographing the first eight counts.

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